

Peonies
VII



"You will never change your life until you change something you do daily. The secret of your success is found in your daily routine."
~John C. Maxwell



"It is the memory that enables a person to gather roses in January."
~ Unknown



"We are what we pretend to be, so we must be careful what we pretend to be."
~Kurt Vonnegut

Walking with purpose....

As I get older, my approach to the daily tasks in my life has changed dramatically. I spent years focused on my lists, the making of lists, figuring out the quickest way to hammer through the tasks on my lists and rewarding myself upon completion of the tasks on my list. I discovered I was able to achieve a lot but I was rarely present during the process. I found that being so task oriented I was missing the bigger picture and connections that give purpose to the daily minutiae. I was treating my life as a dress rehearsal and I was either mired in the past or anticipating the outcome of my endless lists of tasks.

Trudging through life can be a self-imposed chore or a walk with purpose. Today I choose to walk with purpose. I have found that it is the daily minutiae that makes up the fabric of my life and the more mindful I am of each moment the more insights I gain and the richer my experience.



January Fun Facts....

"Lucky" foods for the New Year

In the South, eat collard greens for fortune, black eyed peas for humility & wealth and cornbread for gold. The Danish go for Kale and Germans eat sauerkraut for luck & fortune. In Spain, eat twelve grapes before the last stroke of midnight to give insight to the coming year, thirteen if you're Peruvian. In Asia, eating unbroken, long noodles promotes long life. Other auspicious foods include fish, pork, legumes, pomegranates, oranges and cakes. But stay away from Lobster which moves backwards and can cause setbacks or any winged fowl which could cause your "good luck" to fly away. Eating Chicken on New Year is thought to cause regrets.

What's Growing on...

News & Noteworthy

Jeff and I are super excited to go visit his family in Florida for the holidays. We haven't been there since 2008.



January 22 - 24, 2015, is the Washington State Landscaping (WALP) and Nursery Association (WSNLA) Annual Northwest Green Industry Conference will be held at the Hotel Murano in Tacoma, WA. Who knew Tacoma is finally cool!